The effect of cariprazine on patient engagement: Post hoc analysis of a phase 3 study in patients with predominant negative symptoms of schizophrenia

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total score change

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Patient engagement over time based on PANSS-11

INTRODUCTION

Motivation deficit is a significant aspect of lack of improvement in patients with schizophrenia especially with predominant negative symptoms (PNS). Therefore, their improvement depends not only on symptoms reduction and better social functioning but also on patient engagement which is a key but less investigated aspect of successful treatment. Patient engagement consists of four major components i.e. social, emotional, cognitive and physical and can be characterized by 11 items (*Table 1*) of Positive and Negative Syndrome Scale (PANSS) [1].

STUDY OBJECTIVE

To investigate and compare patient engagement in PNS patients treated by cariprazine or risperidone and characterized by PANSS-11 total score.

METHODS

In this phase-3 study [2] patients suffering from PNS of schizophrenia (PANSS-FSNS≥24) were randomized to 26 weeks of treatment with either cariprazine or risperidone (target dose 4.5 and 4 mg/day, respectively). To compare the effects of the two drugs on patient engagement the PANSS-11 scale was used [1]. Change from baseline (CfB) on the selected items and PANSS-11 total score were analyzed using mixed model of repeated measures approach without correction for multiplicity.

Table 1 Items of patient engagement PANSS-11 total score

N1 Blunted affect N2 Emotional withdrawal Ν3 Poor rapport N4 Passive/apathetic social withdrawal N5 Difficulty in abstract thinking N6 Lack of spontaneity and flow of conversation Depression G6 G7 Motor retardation G13 Disturbance of volition G15 Preoccupation Active social avoidance G16

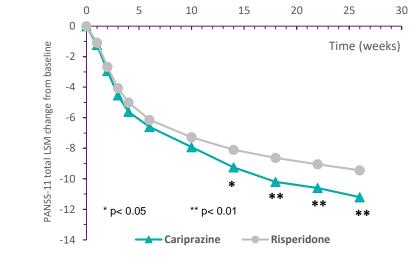
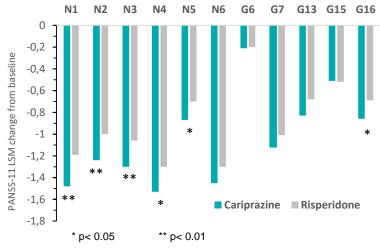


Figure 2 Patient engagement in PNS patients by PANSS

items

Figure 1



CONCLUSIONS

- Cariprazine significantly improved patient engagement in patients with PNS of schizophrenia compared to risperidone based on the PANSS-11 total score.
- PANSS-11 total score improvement showed time dependence and was statistically significant for cariprazine from week 14.
- Cariprazine showed better improvement on almost all investigated PANSS items compared to risperidone.
- These results suggest that cariprazine treatment may improve not only the symptoms and everyday functioning of PNS patients but their engagement with their life and treatment.

RESULTS

- PANSS-11 total score LS mean CfB were -11.20 (SD=0.43) for cariprazine-, and -9.44 (SD=0.45) for risperidone-treated patients with a -1.79 (95% CI=-3.01, -0.56) LS mean difference (p=0.004) in favor of cariprazine.
- Improvement of patient engagement measured by PANSS-11 total score showed clear time course in favour of cariprazine compared to risperidone. The improvement was statistically significant from week 14 onwards (*Figure 1*).
- Most of the PANSS-11 items' changes were statistically significant (N1, N2, N3, N4, N5, G16) or at least numerically higher (N6, G7, G13) for cariprazine versus risperidone (*Figure 2*).

REFERENCES

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