Collaborative Working Project (CWP) Executive Summary

CWP title: Norfolk and Waveney Long Acting Reversible Contraception (LARC) Training Project

The CWP between Norfolk County Council (NCC) and Gedeon Richter (GR) aims to train approximately 50 primary care General Practitioners and Nurse Practitioners, defined as NHS Healthcare Professionals (HCPs), over 12 months, to become qualified LARC fitters. These HCPs will be trained to work and fit LARCs at their respective GP practices considered to be in the areas of highest need. The areas of greatest need had been identified from a previous, pre-CWP, training needs analysis of the Norfolk and Waveney Integrated Care Board (ICB) area. The newly qualified LARC fitters will help to improve convenient and timely access to LARC in the community.

NCC will engage with ICB managers, as necessary, and coordinate arrangements with regional and qualified Faculty of Sexual and Reproductive Health trainers to oversee and conduct the following FSRH accredited courses:

- On-line Theory Assessment (OTA)¹
- Letter of Competence Intra-Uterine Technique (LoC-IUT) for IUD/S^{2,3}
- LoC in Sub-dermal Contraceptive Implant Techniques Insertion and Removal (SDTI & R)⁴
- FSRH ('course of five') diploma⁵.

NCC and GR will pool resources, time and expertise and meet quarterly, as a steering group, to manage and measure the progress and completion of a series of structured three monthly milestones. The meetings will include regular reports from the contracted FSRH trainers to illustrate progress and completion of courses by the HCPs.

First milestone: confirm which training course each HCP will embark on and agree a process for FSRH trainers providing evidence of progress/completion of courses.

Second milestone: review FSRH trainer report and agree who will engage GP surgeries to discuss plans to monitor long term clinical competence and sustainable workforce development.

Third milestone: development of a training feedback questionnaire for HCP trainees'.

Fourth milestone: review FSRH trainer report of HCPs progress/completion of courses and initiate distribution of feedback questionnaire to HCPs.

Fifth milestone: final FSRH trainer report of completed courses by HCPs. Generation of an executive summary report for sharing with other healthcare organisations to share best practice.

Expected benefits for patients, NCC and the local NHS ICB area:

- Structured LARC training program that closely monitors and enables the development of HCPs and expands the pool of qualified LARC fitters across the area.
- Increases primary care LARC provision for NCC and the ICB and helps to reduce referrals to community sexual heath teams and local hospitals.
- Supports maintaining and benefitting women to timely high quality access to LARC at their local surgeries.
- Provides evidence of collaboration between the NCC, ICB and regional FSRH trainers, supporting the development of HCPs.
- A report which can be showcased to other healthcare organisations that illustrates evidence of service development in line with the aims of the Women's Health Strategy⁶.

Expected benefits for Gedeon Richter:

- Builds relationships and trust, through working as part of a CW project management team with the NCC.

- An opportunity to further understand how NCC and ICB plan, develop and implement services.
- Facilitates a closer insight into the FSRH LARC training programs: the detail, rigour, assessment and quality and benchmarks expected to inform for later CWPs.
- With NCC and ICB permission, an opportunity to showcase the CWP outputs from the executive summary report with other healthcare organisations.

Start date and duration: end of March 2025 for 12 months.

References. Hyperlinks below all accessed January 2025.

- 1. FSRH On-Line Theory Assessment: https://www.fsrh.org/Public/Education-and-training/ota.aspx
- 2. Letter of Competence Intrauterine Techniques: <u>guidance-on-the-letter-of-competence-in-intrauterine-techniques-loc-iut.pdf</u>
- Letter of Competence Intra-Uterine Technique log book: https://www.fsrh.org/Common/Uploaded%20files/documents/loc-iut-logbook.pdf
- 4. Letter of Competency in Subdermal Contraceptive Implant Techniques Insertion and Removal LoC SD training requirements: FormT KP 14
- 5. FSRH Diploma 'course of five': https://www.fsrh.org/Public/Public/Education-and-Training/diploma.aspx
- 6. The Women's Health Strategy July 2022: https://www.gov.uk/government/publications/womens-health-strategy-for-england/womens-health-strategy-for-england